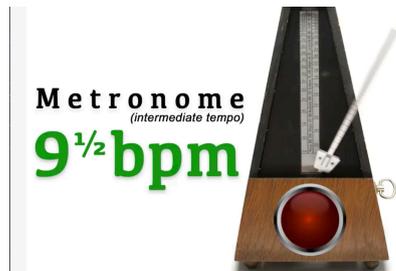


Now that we have been working with the metronome for a few weeks, I propose a method which will help to free you from the need to have a metronome with us at all times whilst practicing.

In order to do this we will require a metronome (surprise! Bear with me.) which can go down into single figures. Perhaps the simplest way of accessing these is simply to type the required BPM into the search bar of any browser - ie 9.5bpm will open this window in Youtube:



Caption

Using a 2/4 time signature tune such as “The Sweet Maid of Glendaruel” which you would normally play at 76bpm then:

38bpm represents one beat per bar

19bpm represents one beat per phrase (remember two bar phrasing?)

9.5bpm represents one beat per line and, yes, you can get that (see above from Youtube).

Once you have mastered **One Beat per Bar** have a go at **One Beat per Phrase** and then **One Beat per Line**. You can also attempt One Beat per Part if you feel confident but this is quite difficult so don't be disheartened if you find it quite tough. Single figure BPM's are available but will require rounding up or down the nearest whole number.

For those requiring a mobile app metronome which will go down to a single beat per minute go to your app store appropriate to Apple or Android and download the METRONOMICS METRONOME which is extremely versatile (I have no connection with the developers, I am merely a satisfied customer).

There is a handy table below from which you can calculate your own personal values for your practice.

This method really will improve your personal timekeeping and, at first, you will probably be horrified at how far ahead (or behind but this is less usual) of the beat you are getting.

Time Signature	BPM	BPB	BPP	BPL
2/4	76	38	19	9.5
3/4	80	27	13	6
4/4	80	20	10	5
6/8	80	40	20	10

Where:

BPM=Beats per minute

BPB=Beats per bar

BPP=Beats per phrase

BBP=beats per line